Writing Our Way to Inner Peace: A Dance of the Letters Writing Circle with Ani Tuzman

Faced with the turbulence in our world and the demands of our daily lives—not to mention the reactivity of our dear minds—it is vital to find our way to the stillness, perspective, and abiding love within us. Writing can be a path to our compassionate and embracing inner witness. We can write our way into this inner "space" and, in the process, tap into an infinite source of health and creative energy. Just takes some willingness, a spirit of openness and adventure, and a little time to rendezvous with your Self.

About Dance of the Letters Writing Circles

A Dance of the Letters Writing Circle is a welcoming space in which to find and free not only one's voice, but also one's heart. These energetic and contemplative gatherings are rendezvous with the soul. Ani offers writing sparks that can kindle the creative fire. Participants can use or ignore these sparks; permission and play are at the heart of writing freely. *There is no way to do this wrong*.

About your guide, Ani

For over thirty years, Ani Tuzman has mentored people of all ages to find and free their voices. Ani celebrates the power of writing to heal, awaken love, and bring joy. Ani is an award-winning poet and the author of *The Tremble of Love: A Novel of the Baal Shem Tov*, inspired by a legendary healer and mystic and hailed as "a rare work of transformative fiction."



Open to the Public. \$15.

Please arrive 15 minutes early to register. Bring writing materials.

Cosponsored by Mittleman JCC, Compassionate Listening Oregon, Oregon Jewish Museum, and Shir Tikvah.

March 19, 2018

Monday evening, 6:30-8:15 PM

Congregation Shir Tikvah

7550 NE Irving St, Portland, OR 97213

Learn more about Dance of the Letters Writing Circles and find free writing resources at: <u>anituzman.com</u>